



Toastmasters International

Thank you for expressing an interest in Toastmasters. Here is some more detailed information about how Toastmasters works.

The Toastmasters Experience

The Toastmasters experience takes place in a Club. A typical Toastmasters Club is made up of 20-30 people who gather regularly. A meeting lasts about 90 minutes and consists of the following:

A Table Topics session, giving members the opportunity to participate in impromptu speech situations;

Prepared speeches, based on projects from the Communication and Leadership manuals, from several of the Club members;

An evaluation session, during which each speaker is provided with valuable feedback regarding the strengths of the speech, and provided with information that will assist the speaker in areas to improve;

An evaluation of the meeting as a whole, by a general evaluator;

Besides speaking, each member will also have the opportunity to serve as Toastmaster of the meeting, Table Topics Master, Evaluator, General Evaluator, etc. Each assignment is rotated among members to provide a variety of experience.

How Toastmasters Meets Your Needs

Established in 1924, Toastmasters International uses time-tested programs that are continually updated to meet participants' needs. Self-paced programs allow you to progress as rapidly or gradually as your needs dictate. The hands-on Communication and Leadership program provides the "how-to" and the practical experience so critical to progress. In total more than 3 million people in over around 80 countries around the world have proved that Toastmasters works.

For less than 90 € per year, the Toastmasters program is cost effective, especially when compared to seminars charging exorbitant fees. An atmosphere of professional camaraderie makes your Toastmasters Club a unique learning environment - informal, yet dedicated to learning. The Toastmasters program can be tailored to meet your personal objectives. Whether you desire improvement in prepared or impromptu speaking, greater skill in the use of visual aids, experience and knowledge is to be gained in the areas that most interest you.

How The Program Works

The Toastmasters program exposes each participant to a wide range of communication experiences. Each new Toastmaster receives a New Member Kit. The kit features a copy of the basic Communication and Leadership manual, general orientation materials and information regarding skill improvement in areas such as speech evaluation, the use of voice and gestures. The initial prepared speeches, as outlined in the basic Communication and Leadership program manual, are designed with the new Toastmaster in mind. A variety of assigned speeches help develop competency in areas such as organisation, voice inflection and persuasiveness.

How Toastmasters Can Help You

Your success is based on how active and effective you are. Through regular participation in the Toastmasters Communication and Leadership program, people from all backgrounds learn to speak effectively, conduct a meeting, lead, delegate, and motivate.